



WINTER WAVES CLASSIC

January 9 - 11, 2026
Nepean Sportsplex
Nepean, Ontario

TENTATIVE SCHEDULE

Version 01.06.2026

10 & UNDER	11-12	YOUTH	JUNIOR	SENIOR
ADAPTED/ MIXED ABILITY		OPEN		

FRI 09/ 01	8:00AM	8:25 AM	W	Junior Solo Free & Senior Solo Free Warmup
	8:30 AM	9:15 AM	4	Senior National Solo Free Competition
			5	Senior Provincial Solo Free Competition
	9:15 AM	10:35 AM	5	Junior National Solo Free Competition
			11	Junior Provincial Solo Free Competition
	10:40 AM	11:05 AM	W	Youth Mixed Duet & Youth Duet Warmup #1
	11:10 AM	11:15 AM	1	Youth National Mixed Duet Competition
	11:15 AM	12:05 PM	10	Youth National Duet Competition
	12:10 PM	12:35 PM	W	Youth Duet Warmup #2
	12:40 PM	2:35 PM	23	Youth Provincial Duet Competition
	2:40 PM	3:05 PM	W	Senior Duet Free & Junior Duet Free Warmup
	3:10 PM	3:35 PM	3	Senior National Duet Free Competition
			2	Senior Provincial Duet Free Competition
	3:35 PM	4:15 PM	1	Junior National Mixed Duet Free Competition
			4	Junior National Duet Free Competition
			4	Junior Provincial Duet Free Competition
	4:20 PM	4:45 PM	W	Youth Solo Warmup
	4:45 PM	5:55 PM	1	Youth National Mens Solo Competition
			13	Youth National Womens Solo Competition
	5:55 PM	6:55 PM	1	Youth Provincial Mens Solo Competition
11			Youth Provincial Womens Solo Competition	
7:00 PM	7:25 PM	W	Adapted Solo Tech, Junior Solo Tech & Senior Solo Tech Warmup	
7:30 PM	7:40 PM	2	Adapted P6 Solo Tech Competition	
		1	Junior National Male Solo Tech Competition	

7:40 PM	8:30 PM	4	Junior National Solo Tech Competition
		5	Junior Provincial Solo Tech Competition
8:30 PM	9:05 PM	3	Senior National Solo Tech Competition
		4	Senior Provincial Solo Tech Competition

SAT 10/ 01	8:00 AM	8:30 AM	W	11-12 Duet Warmup
	8:30 AM	11:20 AM	33	11-12 Duet Competition
	11:25 AM	11:50 AM	W	Junior Mixed Duet Tech, Junior Duet Tech & Senior Duet Tech Warmup
	11:55 AM	12:00 PM	1	Junior National Mixed Duet Tech Competition
	12:00 PM	1:00 PM	9	Junior National Duet Tech Competition
			3	Junior Provincial Duet Tech Competition
	1:00 PM	1:35 PM	5	Senior National Duet Tech Competition
			2	Senior Provincial Duet Tech Competition
	1:40 PM	2:05 PM	W	Mixed Ability Duet Warmup
	2:10 PM	3:15 PM	4	Mixed Ability Duet Level A Competition
			8	Mixed Ability Duet Level B Competition
			3	Mixed Ability Duet Level C Competition
	3:20 PM	3:50 PM	W	Youth Team Warmup #1
	3:55 PM	4:40 PM	7	Youth National Team Competition
			2	Youth Provincial Team Competition
	4:45 PM	5:15 PM	W	Youth Team Warmup #2
	5:20 PM	7:00 PM	17	Youth Team OWG Qualifier Competition
	7:05 PM	7:25 PM	W	Junior Team Tech & Senior Team Tech Warmup
	7:30 PM	8:50 PM	8	Junior National Team Tech Competition
			6	Junior Provincial Team Tech Competition
8:50 PM	8:55 PM	1	Senior National Team Tech Competition	

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7:30 AM	7:55 AM	W	Mixed Ability Team Warmup
8:00 AM	8:25 AM	1	Mixed Ability Team A Competition
		3	Mixed Ability Team B Competition
		1	Mixed Ability Team C Competition
8:30 AM	9:00 AM	W	Free Combination & Acrobatic Team Warmup
9:05 AM	9:20 AM	3	National Free Combination Competition
9:25 AM	9:45 AM	3	National Acrobatic Routine Competition
		1	Provincial Acrobatic Routine Competition
9:50 AM	10:15 AM	W	Adapted Solo & Adapted Team Warmup
10:20 AM	11:20 AM	2	Adapted Team Competition
		8	Adapted C Solo Competition
		3	Adapted P Solo Competition
11:25 AM	11:55 AM	W	11-12 Team Warmup #1
12:00 PM	12:55 PM	10	11-12 Team Competition (Non-OWG)
12:55 PM	1:40 PM	8	11-12 Team OWG Qualifier Competition (Central)
1:40 PM	2:10 PM	W	11-12 Team Warmup #2
2:15 PM	3:35 PM	14	11-12 Team OWG Qualifier Competition (Cont. - East, West)
3:40 PM	4:05 PM	W	Adapted Duet Warmup
4:10 PM	4:30 PM	2	Adapted C Duet Competition
		2	Adapted P Duet Competition
4:35 PM	5:05 PM	W	Junior Team Free Warmup
5:10 PM	6:00 PM	3	Junior National Team Free Competition
		5	Junior Provincial Team Free Competition